



## The Journey of Parenting: Helping Your Child Become a Competent, Caring, Contributing Adult (Paperback)

By Linda S Budd Phd

Createspace, United States, 2011. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.For over thirty years of her professional life, Dr. Linda S. Budd has studied, taught and written about parenting, has parented her own two daughters, and has guided countless other children and parents in her work as a psychologist, marriage and family therapist and play therapist. Her previous book, *Living With the Active Alert Child*, helped parents recapture a feeling of delight and bring out the best in their active child. These days, she says, young parents have a tendency to turn to the Internet for problem-solving ideas when it comes to parenting, a process she refers to as answer grabbing. Every parenting technique has its own set of assumptions about the nature of the child and his or her development. For a technique to really work, parents must understand its assumptions about the child's temperament and the parent-child relationship. Are the underlying beliefs aligned with the parents' beliefs? When frustrated or scared, parents seek to find a quick and easy solution to a problem, such as logical consequences, they often use the technique to simply try...



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